**Chapter 11  
Let the Church Say …: Prayer, Ordinance, Worship, Religiosity, and Spirituality in the Lives of Black Women**

**Question:** Black women subtly and devoutly use their POWRS, which stands for \_\_\_\_\_\_\_\_.

**Answer:** prayer, ordinance, worship, religiosity, and spirituality)

**Question:** The “Black church” is defined in scholarly and popular culture publications as \_\_\_\_\_\_\_\_\_\_\_\_\_\_ congregations.

**Answer:** predominantly Black Christian

**Question:** atheist

**Answer:** Doesnot believe in God, gods, or a higher power

**Question:** Testimony

**Answer:** involves the sharing and telling of lived experiences; it can take place outside of the church

**Question**: A reflection of the influence of the Alvin Ailey choreography Revelations, this expression of love and worship fuses modern, jazz, hip hop, and Caribbean dance styles

**Answer:** praise dancing

**Question:** To the process of learning, integrating, and maintaining religious attitudes, beliefs, behaviors, and values

**Answer:** religious socialization

**Question:** Meditation

**Answer:** The act of engaging in mental exercise to gain spiritual awareness or mindfulness

**Question:** A personality orientation in which an individual holds expectations about future events that are generally positive

**Answer:** Dispositional optimism

**Question:** Displaying strength and engaging in self-sacrificing behaviors

**Answer:** Superwoman Schema

**Question:** Bringing health to people who are sick physically, emotionally, or spiritually; using faith, praying, laying on of hands, anointing with oil, and God’s forgiveness of sins to restore the body and soul

**Answer:** Healing

**Question:** Prayer

**Answer:** Address to God; dialogue between God and people

**Question:** Theology aiming for Black unity while revealing the double burden of Black women as members of the Black community and as women. It also investigates the tension that exists between the Black, middle-class, patriarchal church and the lower-class Black community alienated from middle-class values and the Christian identity

**Answer:** Black feminist theology

**Question:** A philosophy to appreciate and prefer women’s culture, women’s emotional flexibility, and women’s strength, while giving a balanced presentation of womandom, committed to the survival and wholeness of all people, male and female

**Answer:** Womanist Theory

**Question:** Spirituality

**Answer:** Emotions, attitudes, thoughts, and intentions to bring God’s presence and power to bear in the world

**Question:** To deal with and attempt to overcome problems and difficulties

**Answer:** Coping

**Question:** Worship

**Answer:** The act or action of attributing honor, reverence, or worth to that which is considered to be divine by religious adherents

**Question:** Three-Dimensional Model of Religious Involvement

**Answer:** Based on a data sample of heterogeneous, Black Americans, this theory-based research measure distinguishes between organizational (religious attendance), nonorganizational (watching religious TV programs and reading religious texts), and subjective religiosity (importance of parents sending their child to church services)

**Question:** Black theology

**Answer:** A pro-Black theological perspective calling for freedom, for God, and for the attainment of Black power, through the contextualization of Christianity, to overcome oppression for people of African descent

**Question:** Relationship with and reverence for God; a positive or negative devotion for God or Gods that includes ritual practices and superstitions

**Answer:** Religion

**Question:** Ordinance

**Answer:** An authoritative direction, decreed by fate, God, or other deity